Leadership as a Service

Johanna Pystynen, Head of HR
## VINCIT in Figures

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Specialist of service and business design, software development and continuous services with a 100% satisfaction guarantee.
Transformation of working life
Organizations still use tools and models that were created 10-20 years ago
**Power lunch with a manager**

Let’s make sure that we don’t lose touch with each other by suiting up for lunch! Book a time to discuss topics related to work without a fixed agenda. You can ask...

**Put an end to a rumor**

Are there false news spreading by the water cooler? Are you afraid that one of your coworkers has been told a tall tale? Time to clear the air! Let us know what you've heard and...

**Current affairs in our market area**

Interested in the current affairs of our market area and line of business? Do you have fresh ideas for Vincent to venture in? Let us know and we can...

**Make sense of finances**

Would you like to discuss economics or learn about how we’re doing nowadays? Our financial experts are able to answer all your questions...

**Future Forum**

Indulge in brainstorming about Vincent’s future! A Future Forum will be organized once enough people have expressed their interest in taking part in the event. Come and cast the deciding...

**Lunch with the board of directors**

Suggest for one of the board members to join in for a small group lunch to talk about the next events at Vincent, or the future of the other topic you’re interested in. Stay...
Better Sleep
Having trouble sleeping? Do you feel more tired in the morning than you did when you went to bed? Turn to our occupational health psychologist for help. You can book an appointment here.

Cross-country cycling
Combine the great outdoors and your need for speed and try out cross-country cycling! Not quite sure what kind of gear to get started with? We can hook you up with a test bike from our partner.

Finla's sleep groups
This service is only available in Finnish.

FinlaFit nutrition and exercise training (6+)
This low-threshold training will teach you the basics of exercise and nutrition in small groups. You get a tailored program designed to help you take your next steps towards better health.

Firstbeat Wellness Analysis
Firstbeat Wellness Analysis gives you a better understanding of how your body reacts to everyday occurrences. Round-the-clock heart rate variability tracking provides you with personalized data.

Fitness test at Paavo Nurmi Centre
Call the Paavo Nurmi Centre to get more information about fitness tests that might best suit your needs. You can also find brief info about the tests in English here: [Link to information]

Fitness test by an occupational health physician
Are you in shape? Get the facts from a fitness test. Contact us for an appointment.

Healthy eating
Do you prefer kebabs to cabbage? Is there ever a better time to break the bad habits? Get advice from our nutritionist and start your healthy eating journey.

Heitti's mental capacity groups (available...)
These groups are not currently available in English.
Challenges with a project
Have you bumped into roadblocks in your current project? Clashing personalities, differences in opinions? Worried about your own or your co-workers performance or...

Coaching
Looking for a fresh perspective on how to develop your competence or how to move forward in your career? Would you like to find a sparring partner to help you clarify your goals...

Feedback on upcoming presentations
Would you like to test out your upcoming presentation with someone close to home? Ask for feedback from Fedu! Order this service via Laas or contact Fedu directly if you need.

Feedback, please
Hoping to get more feedback on your performance? We can help you get just what you need! Let's sit down for a chat and figure out who to turn to and how to approach them.

FI-ENG-FI translations
Would you like to have someone proofread your text before sending it out to a client or publishing it? Need help with translating stuff from English to Finnish or the other way around? Request now.

Improve your customer relations skills – ...
Would you like to have better interaction with your customer? Are you interested in understanding behavioral and communicational differences? Dive into the world of Fedu to learn more!

Mentoring
Vedut's mentorship program is a nifty program-based package. Applications are open approximately bi-annually and that is the time when you can sign up.

Open request
Share your ideas and thoughts here! You can also order this service when you have a specific need that doesn't fall under any other existing category. Request now.

Report or ask about occupational safety ...
Did you come across a faulty socket at the office? Was the fire alarm inaudible in your room? Report a health and safety related fault or other incident now.
From self-direction to community-driven model
Thank you! Get in touch!

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