Staff Matters 2.10.2019

The Finnish Union of Practical Nurses, SuPer
Chairperson Silja Paavola
Disability services legislation

• Reform has been in process for years.
A report on SuPer members who work with care for the disabled

The report discusses how SuPer members experience the care of the disabled and brings out the special characteristics and current phenomena related to this competence field.

The survey was carried out in April 2019, and the report was published in June 2019. The survey had 721 participants.
Low staffing level and untrained employees

• 41% of the respondents think that there are not enough trained practical nurses and nurses in their workplace.

• The number of aging disabled people is growing, and the care needs in housing services of the disabled is increasing. This has not been considered in the staffing level.
Well-being at work

• 80% of the respondents think that the **psychological stress of work has increased** during the last two years.

• Reasons for the stress are the risk of violence, not enough trained nursing staff, the ethical workload and the feeling of inadequacy.

• Lack of trained nursing staff increases the risk of violence.
Advancing participation and supporting autonomy

• An insufficient allocation of trained nursing staff is an obstacle to supporting autonomy and strengthening participation in some workplaces.

“Need of using restrictive measures would be lower if there was more trained nursing staff.”
Developing the care for the disabled

• Professionals within care for the disabled hope that the field would have more trained nursing staff and that field would have the respect it deserves.

• There is a need for small units that are truly home-like. Money should not be the deciding factor in where a person lives.
“THE ABSOLUTE BEST THINGS ARE THE CUSTOMERS AND THEIR GENUINENESS AS WELL AS THE FELLOW EMPLOYEES.”

Thank you!