

## PREREQUISITES FOR A FULFILLING LIFE

The Service Foundation for People with an Intellectual Disability is a national service provider and developer with its roots deeply set in parent-led governance. The Foundation supports people with an intellectual disability and others with special needs as well as their families.

The Foundation wants to create models of service provision that are person-centred, practical and of high quality standard.

*“Person with an intellectual disability or someone with special needs is participating fully and having a good quality life.”*



### SERVICE FOUNDATION FOR PEOPLE WITH AN INTELLECTUAL DISABILITY

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## PERSONAL ASSISTANCE

The personal assistance is for people with an intellectual disability or those with special needs who live in their own home but need support to manage independently. The goal is for the person with special needs to lead a fulfilling life, which includes participation, independence and full citizenship. The grant of a Slot Machine Association enables further development of the service.





## SERVICE MODEL FOR PERSONAL ASSISTANTS

People with an intellectual disability often require support which can vary from other disabled people. In addition to physical assistance, a person with an intellectual disability requires help with understanding the world around them.

When it comes to planning for personal support, an adult with an intellectual disability is at the centre of the decision making process. The employer's responsibilities, however, are contracted out to another party. The role of the personal assistant is to work alongside the person with an intellectual disability at home or out in the community.

The service objectives relate to the holistic support of one's life. The person with an intellectual disability is supported with decision making so that they can take charge of their own life. The service is based on the wishes of the individual, their person-centred plan and an assessment of support needs. The support plan is reviewed regularly.

## PARTNERSHIP WORKING WITH LOCAL AUTHORITIES AND OTHER PROVIDERS

The service model for personal assistants has become embedded in to many local authorities' care services structure. In these localities a support base is established where a person with an intellectual disability can obtain around the clock assistance if needed.

The steering group includes representatives from the Service Foundation for People with an Intellectual Disability, the Finnish Association for Persons with Intellectual Disabilities, Me Itse ry (a self-advocacy group), the ASPA Housing Services Foundation, FDUV (an organisation working on behalf of Swedish-speaking people with an intellectual disability), the Finnish Association of People with Physical Disabilities and KVPS Tukena Ltd.

